

GIANT HELSTON

Open 10 Miles Time Trial

Sunday 11th April 2021 at 08.00 Course S6/10

Promoted for and on behalf of Cycling Time Trials under their rules and regulations.

Event secretary: James Hadfield, 19 Hillcrest Avenue, Truro, TR1 3NE.
07775627554

Timekeepers: - Sean Parker and James Wiltshire.

Marshalls and helpers: members & friends of www.gianthelston.co.uk

Event HQ: Tresillian Village Hall. Fairfax Road, Tresillian, Truro, Cornwall, TR2 4AZ.

Please park considerately so as not to upset local residents. Allow 5 minutes to get from HQ to start. Open from 07.00.

Sign on will be outside. We have access to the toilet only and will be on a one in one out basis. Mask to be worn inside.

Prizes: There will be no financial prizes for this event. Instead the prize money will be used to pay the timekeepers and Marshalls for their time. Without this we would not be able to race. Any profit from the event will be reinvested for improved features for future events and a donation to charity.

Course. Start on B3275 (formerly the A390/A39) by start of old mill buildings, approximately 100 yards West of lay-by (gr SW 879 470). Proceed Northeastwards for approximately 0.5 mile where turn/fork left, still on B3275. Continue Northeastwards on B3275 through Ladock and Newmills to turn at Brighton roundabout. Retrace

outward route through Newmills and Ladock to finish at a point opposite

"treatment plant" and start of lane leading to cottages on left, prior to the B3275/Probus to Tresillian road junction. (gr SW 887476) CALL NUMBER OUT LOUD AND CLEAR WHEN FINISHING Intermediate distance: - Brighton Cross 5.3 miles.

All competitors must:

wear an approved hard shell helmet as defined in the CTT handbook obey laws relating to road use

avoid U-turns and warming up past start and finish areas

wait in single file at the start keeping as close to the verge as possible shout out your number as you pass the finish to complete the race avoid stopping at the finish – ride straight back to the race HQ

Sign in and out of event. Riders failing to do this will be disqualified.

It is now mandatory that you use a working rear light during the race, no light no race. Time keeper assistant decision is final. Please make sure your light is charged and working before the event.

Please bring your own pen for sign in and out.

Mask to be worn at sign on and out. Masks to be worn where big groups are together. For example in the layby. We are in a populated area so please leave a good impression for locals so we can continue to race and are welcomed back.

Please park considerately so as not to annoy the locals. We want to uphold a good relation with them. There is not a lot of parking at the hall so please sign on and proceed to lay-by in Tresillian.

Please do not hang around after your race. Please at the end of your race by all means warm down but do not hang around. Please return your number in box at sign out area and remember to sign out.

There will be no results given at the event. I will endeavour to get results published on social media by the evening and uploaded to cttc. Please do not ask time keepers for your times.